



Grief Support & Recovery Resources

Grief can be isolating but it doesn't have to be. Find your community and thrive!

The Mocha Widow



Kim
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Bo's Place

www.bosplace.org

Offers support programs for children, ages 3 to 18, and their families who have experienced the death of a child or an adult in their immediate family, pregnancy loss as well as programs for grieving adults Bo's Place offers multiple grief support services for children, families, and adults, and provides education and resources for those who assist people in grief. Headquarters - Houston, TX



The Warm Place

www.thewarmplace.org

A Grief Support Center for Children. The WARM Place provides a safe, compassionate space for children and their families grieving the death loss of a loved one. Through peer support groups, potlucks dinners, and special family events, The WARM Place helps you connect with other families who understand. Headquarters - Fort Worth, TX



Comfort Zone Camp

www.comfortzonecamp.org

A 3-day traditional overnight camp for children ages 7-17 coping with the loss of a sibling or parent in a safe and fun environment at a rustic camp facility. Campers connect with their peers and learn coping skills through age-appropriate activities and discussions. Comfort Zone at Home Virtual Camps are available. Headquarters - Richmond, VA



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Grief Share

www.griefshare.org

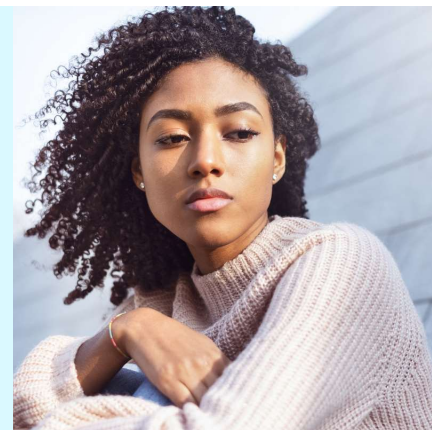
God what is going on? Grief Share is a 13-week biblically based grief support group for people grieving the death of a family member or friend. A workbook and weekly journaling sessions are provided. United States and Canada



Heal Grief

www.healgrief.org

HealGrief®- no one should ever grieve alone. ActivelyMovingForward® grief support for those young adults aged 18-30. Virtual & in-person support groups, book clubs, workshops, community comment boards, direct messaging, and group chats. Headquarters - Beverly Hills, CA



My Miscarriage Matters

www.mymiscarriagematters.org

Founded by a group of parents. Dealing with a sudden Miscarriage, Stillbirth or Early Infant Loss can leave you feeling alone and devastated. The Women of Empowerment Mentoring program is for devastated mothers. Miscarriage Matters 2 Men Mentoring program is provided to grieving fathers. Headquarters - Fredericksburg, VA



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Sesame Workshop sesameworkshop.org

Helping kids grieve the loss of a loved one. With love and support, children can learn to cope with loss and start to heal. We are educators, creators, researchers, moms, dads, caregivers, and friends. We are a community of 400+ people (plus some amazing partners!) who are passionate about one thing: helping children. United States, Canada, Asia, Europe, Africa, Latin America, South Asia



Parents of Murdered Children www.pomc.org

Provides ongoing emotional support, education, prevention, advocacy, and awareness to all survivors of homicide victims. Headquarters - Cincinnati, Ohio



The Compassionate Friends www.thecompassionatefriends.org

Grief support for families experiencing the death of a son, daughter, brother, sister, or grandchild. Offers friendship, and understanding to bereaved parents, siblings, grandparents, and other family members during the grieving process after a child has died. The Compassionate Friends offers over 500 chapters around the country. In small towns and large cities. Highly recommend. United States



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Camp Widow

www.campwidow.org

Camp Widow® is a unique program that provides tools and research-informed resources for widowed persons rebuilding their lives after the death of a spouse or partner. We offer both weekend-long and one day events across the United States and international locations.



Tragedy Assistance Program for Survivors (T.A.P.S)

www.taps.org

TAPS is the national nonprofit organization providing care and resources for those grieving the death of a military or veteran loved one. TAPS conducts regional military survivor seminars across the country.



The Dougy Center

www.dougy.org

Named after a young boy named Dougy who had an inoperable brain tumor and none of the adults knew how to talk to him about dying. Offers innovating peer support model for helping children cope with the death of a family member. Resources for kids by age group, teens, young adults, and parents, including resources to help children express their grief. Headquarters - Portland, OR



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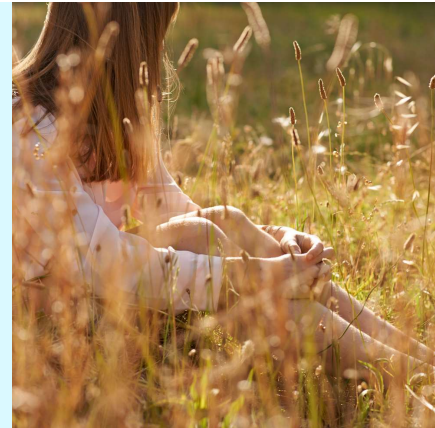
Kitchen Table Conversations kitchentableconversation.org

End of life planning webinars, advanced care planning in-person and online, and grief education webinars. Headquarters - Austin, TX



Center for Loss and Life Transition centerforloss.com

Dedicated to companionship grieving people as they mourn significant transitions and losses that transform their lives. We help mourners, by walking with them in their unique life journeys, and both professional and lay caregivers, by serving as an educational resource and professional forum Led by death educator and grief counselor Dr. Alan Wolfelt. Headquarters - Fort Collins, CO



Tender Hearts Grief Support davidkesslertraining.com

A Grief Support Community where you will learn how to grieve fully and live fully via weekly live Zoom sessions and check-ins in a supportive community where you can get your biggest questions answered and work 1:1 with Grief Expert David Kessler. Headquarters - Los Angeles, CA



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American Foundation for Suicide Prevention afsp.org

AFPS was created by survivors for survivors. Dedicated to advancing knowledge of suicide, the ability to prevent it, and in supporting those who are bereaved after suicide loss. AFSP lists resources for suicide bereavement support groups. United States and International.



Hospice Foundation of America hospicefoundation.org

Dedicated to assisting the hospice conversation, dispelling myths, caregiving, advanced directives, grief support groups. Hospice Foundation of America educates the public and health care professionals about death, dying and grief. Headquarters - Washington, DC



Teenage Grief Sucks teenagegriefsucks.com

Teenage Grief Sucks was created by a teen who lost her dad and mom while in high school. The website is run by teens sharing stories written by and for grieving teens. Peer support is essential after a loss and providing it through storytelling.



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Our House Grief Support Center ourhouse-grief.org/adults

Your parent has died. Whether their death was sudden or expected. Our House Grief Support Center groups consist of eight to twelve members for adult grievers who have lost a parent. Offers support in English & Spanish, in person or virtually. Headquarters - Woodland Hills, CA



Hope and Healing Center & Institute hopeandhealingcenter.org

HHCI is a comprehensive resource serving the Houston community and beyond by providing mental health and grief support to grieving participants. Provides strategies for coping with the normal emotional and physical effects of grief such as loss, anger, depression, and exhaustion. Headquarters - Houston, TX



Care Partners Texas carepartnerstexas.org

Care Partners Texas Common Ground Support Group offers grief support for individuals that have lost their loved one. In collaboration with partnering congregations in Houston and the surrounding areas, Common Ground groups are informal, confidential, and offered free of charge in person or onling. Headquarters - Houston, TX



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